

Pork Menudo RECIPE

(Estimated cooking and preparation time: 50 minutes)



Cooking Instructions

- 1) In a pan or wok, heat cooking oil and atsuete (annatto) oil.
- 2) Saute garlic, onion. Then add the pork, liver, chorizo de Bilbao, tomatoes, bell pepper, paprika, patis and the stock.
- 3) Cover and bring to a boil. Simmer for 20 minutes or until the pork is tender.
- 4) Add the chickpeas, potatoes and raisins. Boil of another 2 minutes.
- 5) Salt and pepper to taste.
- 6) Serve hot with white rice.

Cooking Tip

Instead of using atsuete oil (Annato) you can use atsuete powder.

Ingredients

- 1/2 kilo Pork, (cut into small chunks)
- 1/4 kilo Pork liver (cut into small cubes)
- 5 pieces Chorizo Bilbao (Cut into small pieces)
- 4 potatoes (peeled, cut in small cubes, fried)
- 1 green and 1 red bell pepper (diced)
- 1 cup chickpeas
- 1/4 cup raisins
- 1/2 teaspoon paprika
- 1 cup pork or chicken stock 2 teaspoons of patis (fish sauce)
- 3 tablespoons oil
- 1 tablespoon atsuete oil (optional)
- 1 tablespoon atsu
- 3 tomatoes (diced)
- 1 small head of garlic (minced) 1 medium size onion (diced)